## **WESTLAKE | BAY VILLAGE**

5.4 • 19 FEB 2013

Community News & Views Written by the Citizens of Westlake & Bay Village • Join in at www.wbvobserver.com

## Regionalism forums scheduled

League of Women Voters to host first of three forums March 5

**¬**he Bay Village, Rocky River, Fairview Park, Lakewood and Westlake/ North Olmsted chapters of the League of Women Voters-Cuyahoga Area are sponsoring a voter education forum on regionalization Tuesday, March 5, 7:30 p.m., at the Dwyer Memorial Senior Center, 300 Bryson Lane, Bay Village.

The forum speakers are Cuyahoga County Council member Dale Miller and Ed Jerse, Cuyahoga County's director of regional coordination. The speakers will discuss how Cuyahoga County can provide some services more effectively than individual city governments, how competition between cities may weaken us all, whether the reduction in state funding makes it especially important to think regionally, and what functions are best kept at the local level. Audience questions are encouraged following speaker comments.

This forum is the first in a series of three voter education forums the westside chapters of the LWV Cuyahoga Area will sponsor this spring.

A second session is planned for Tuesday, April 16, at 7 p.m., at a location to be determined, featuring representatives from the Westshore Council of Governments (WCOG) as speakers. Westlake Mayor Dennis Clough, Lakewood Mayor Mike Summers and WCOG finance officer Steve Presley will discuss WCOG's background, operation, current collaborations and future plans. WCOG members Bay Village, Rocky River, Westlake and Fairview Park are currently pursuing the feasibility of merging fire districts.

A third session is planned for May, with the format and topic to be announced.

For more information on the Westshore regionalism forums, visit lwvcuyahogaarea.org.

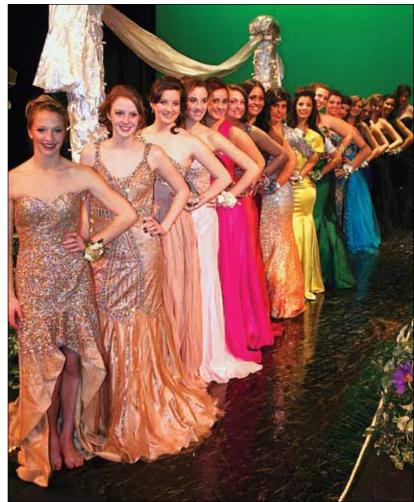
## Safety first, style a close second

Annual Westlake High prom assembly stresses smart choices, showcases fashion

by Karen Lackner

lthough it is cold and dreary **L**outside, spring is just one month away and with that comes high school prom and graduation season. Never was this more evident than on the morning of Friday, Feb. 15, at the Westlake High School Performing Arts Center as the PTSA Prom Assembly unfolded before the Westlake High School class of 2013.

The Prom Assembly is presented every year to the seniors at Westlake High School to promote smart decisions during the deadliest time of a student's life, the last 100 days of their high school



» See PROM, page 6 Students pose in prom gowns at the annual assembly.

## BAYarts displays woodcut and letter press children's books

by Michael Gill

block printing and movable type are medieval technologies. The techniques are more precise than potato printing, but it's the same basic idea: You roll ink onto something, and press that on something

That's what I'm bringing to show you, starting March 8 at BAYarts: "Cats, Mice, and Movable Type" is an exhibit of my children's books - stories and rhymes - printed by hand, with wood blocks and movable type.

I started making children's books when my kids were learning to read. I had written some stories based on characters



An example of wood type blocks used for printing prior to the digital age.

they invented. I wanted to give my kids the stories as a gift, to them and their cousins. So I went looking for ways I could print my words. I began in my kitchen, with linoleum blocks from the craft store. I carved words and pictures into them, then pressed the paper onto the blocks, using the round side of a spoon as a barren.

» See BOOKS, page 13

## Disc golf course proposed for Cahoon Park

by Denny Wendell

ost of us have tossed around a Frisbee sometime in our lives,

relatively new sport growing in popularity across the country that combines the two activities, known as disc golf. It's played by tossing a disc from the tee area (or tried to play) golf. There's a Hole," an elevated metal basket, golf.

in the fewest number of throws. Enthusiasts of the game cringe at the term "Frisbee golf," because players don't use a regular Frisbee but rather a flying disc speand many of us have played across the green toward the "Pole cifically designed for use in disc » See DISC, page 8



Bay Middle School teachers Greg Leininger and Lawrence Kuh stake out the third hole for the proposed disc golf course in Bay Village's **Cahoon Memorial Park.** 

## Remembering past dining spots in Bay Village

#### by Dan Hirschfeld

Part of a passage in Tara Wendell's article in the Feb. 5 issue of the Observer entitled "Mayor's survey of Bay residents finds most happy with city" put me in nostalgia mode.

Among the relatively few areas of frustration cited in the survey, a "shortage of restaurants/bars" was listed. Seeing that very quickly got my memory cells energized to recall the dining-out options that existed within the City of Bay Village in the mid-1960s to 1970s, when I was among its residents.

As I remember, the Peach Tree Restaurant was the only general menu, full service dining spot in town before closing in the early to mid-70s. Peach Tree was located in the old Kroger plaza at Dover Center Road and the railroad tracks (now the Dover Junction shopping complex), situated just north of the Cunningham Drug Store.

After Peach Tree closed I recall a number of different restaurants occupying that space, none seeming to stay very long, but it was the Peach Tree Restaurant I'll always picture there.

Speaking of the Peach Tree Restaurant, for a certain period of time my mom, Pat Hirschfeld, would stop there for lunch, once or maybe twice during the week. There she would join an assemblage of folks who would sit at a big round table near the front of the house presided over by Gladys Zipp. It was Mrs. Zipp who's family owned the land the plaza - including the Peach Tree - was built on, as well as the Zipp Manufacturing Company that once stood behind the plaza. My mom knew Mrs. Zipp through league bowling at the Bay Lanes. According to my mom it wouldn't be unusual to see community leaders as well as a general cast of characters at the table with Gladys "holding court", a good time being had by all.

Here are a few scenarios illustrating the dining-out options I recall being available while residing in Bay Village: After dining at Peach Tree, I'd often walk over to the northern end of the plaza for a frozen treat at Dairy Queen, which still occupies that location. For those occasions when I desired a more traditional hand-dipped ice cream cone, cozy Hardman's Ice Cream was the place to go in the Bay Shopping Center at Wolf and Dover roads. Hardman's would end up closing in the early 1970s, I believe, to eventually be replaced in the Bay Shopping Center by Baskin Robbins Ice Cream, itself no longer open at that location.

If I wished to grab a quick sandwich, both the old Bay Delicatessen on Dover Center near West Oviatt and Grebe's, fronting Wolf Road in the Bay Shopping Center, featured small lunch counters.

Toward the mid-70s a small carry-out place named Village Pizza found its way in to the Bay Shopping Center, but Bay's "official" pizzeria of the era had to be La Vozio's in the small shopping plaza off of Clague Road. La Vozio's had a few sit-down booths inside and served a limited number of items other than pizza, so it was essentially a small restaurant in addition to selling a lot of pies to go.

If there's a feeling nowadays that Bay's dining-out options are somewhat limited they seemed to be even more so when I called the city home. However, there were many restaurants located nearby in Westlake and other neighboring suburbs providing a variety of dining options.

With the nature of the city of Bay Village being commercial lots were relatively few in number and generally concentrated in the center of town, the environment didn't seem to be conducive to hosting very many public dining facilities, particularly large national chains

Now that I live in Westlake, I'm surrounded by dining options. Still, when I resided in Bay the fact that there weren't many restaurants and dining spots around seemed to actually enhance the city's charm and uniqueness.

## American Musical Theater discussion group begins March 18

### by Beverly Thomas

Please join our CWRU group starting March 18 as we explore the illustrious history of the American Musical Theater from the days of the minstrels to the successes of the so-called "mature musical." We will enjoy discussions led by Sol Factor as we learn about some of the masters of this American art form such as Jerome Kern and Steven Sondheim and look at what is involved in writing, producing, casting and presenting a musical theater performance.

To assist us in this exploration we will be using the book "The Musical: A Look at the American Musical Theater" by Richard Kislan.

We look forward to meeting new people and the insights they bring. These classes are sponsored by the Siegal Lifelong Learning Program at Case Western Reserve University. The eight-week session will be held Mondays from 10:30 a.m. to noon beginning Monday March 18. Please note our new meeting location is at St. Barnabas Episcopal Church, which is located on the southwest corner of the intersection of Wolf and Bradley roads, Bay Village.

Advance registration together with payment of the course fee of \$70 is required and must be received prior to the start of the class.

For more information on this class or to register, call Marianne at 440-808-0076 or Beverly at 440-835-2917. ●

## **Bay Library celebrates Dr. Seuss**

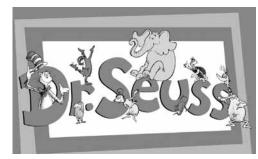
#### by Susan Ballard

he Bay Village Branch Library is celebrating the anniversary of the birth of Theodor Geisel aka "Dr. Seuss" to millions of children and adults all over the world. Families with children ages 3-8 years can join the

party on Saturday, March 2, for an hour of stories, songs and stations with fun activities and crafts starting at 11 a.m.

Theodor Seuss Geisel grew up in Springfield, Mass. As a magazine cartoonist in his 20s, he began signing his work under the mock-scholarly title of "Dr. Theophrastus Seuss" which he shortened to "Dr. Seuss" in 1928. After his first children's book was turned down by many publishers, he got an idea for another book while aboard a ship, crossing the Atlantic. Geisel kept himself entertained by putting words to the rhythms of the ship's engines: "And to think that I saw it on Mulberry Street." When Geisel arrived back home, he revised the text, added illustrations, and created a picture book.

But this book was also rejected by many publishers. Geisel's luck changed when he was walking down Madison Avenue in New York City, about to throw the book



away. He ran into former classmate Mike McClintock, who had just been appointed juvenile editor of a publishing company. McClintock promptly took him up to his office where they signed a contract for "Mulberry Street."

In 1957, his editor challenged him to "Write me a story that firstgraders can't put down!" He asked that Seuss limit the book's vocabulary to no more than 225 different words.

As his editor Michael Frith once remarked, "The Cat in the Hat and Ted Geisel were inseparable and the same. I think there's no question about it. This is someone who delighted in the chaos of life, who delighted in the seeming insanity of the world around him."

From chaos and insanity came one of the most creative and beloved authors in the history of children's books.

Registration is required to attend "Happy Birthday, Dr. Seuss!" Saturday, March 2, 11 a.m. to noon. ●

## DI WESTLAKE | BAY VILLAGE | DSPVPP

Over 500 citizens have contributed to the Observer

The Westlake | Bay Village Observer is a hyperlocal community newspaper and website written by, for and about the residents of Westlake and Bay Village, providing perspectives and information about topics and events in our community.

The mission of the Westlake | Bay Village Observer is to inform, involve and energize the community through citizen participation of 500+ community writers.

We encourage residents of all ages in Westlake and Bay to join in and share stories, photos, and information about our great communities.

We do not accept payment for the inclusion of articles.

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Letters to the editor (max. 300 words) may be sent to tara@wbvobserver.com. Please include full contact information.

## **Observer Guidelines**

Want to submit an article to the Observer? We'd love to hear from you! Here are some guidelines to keep in mind when writing for the Observer:

- Anyone who lives or works in Westlake or Bay Village is encouraged to contribute.
- Aim for 300-500 words.Check your facts. Take the extra time to ensure
- Submit original stories and photos. Don't copy
- others' work and remember to credit your sources
- Write for the community. The Observer's focus is on the people, news and events of Westlake and Bay Village.
- Know you'll be edited. All stories pass through

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- Don't write stories solely to promote your business that's what ads are for.

Ask questions! We're here to help you at every step along the way. Don't hesitate to come to us for advice or help with topics, content or the submission process. To join in, sign-up through the Member Center at www.wbvobserver.com and submit your stories & photos. Photos should be jpegs & a minimum of 2 megabytes in size. If you have questions, contact us at staff@wbvobserver.com.

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Kim Ray

# Heads Up to Parents:







## **Low-cost Balance Test Can Keep Your Child Safe from Concussion**

If your child is injured playing sports, you want to make sure he or she is safe before returning to play, particularly when a head injury is involved. How do you know when it's safe for him or her to return to play following a concussion?

St. John Medical Center's Concussion Management Program now offers student-athletes the opportunity to establish pre-concussion baseline measurements. Our unique and comprehensive approach incorporates both cognitive and balance assessment baselines. These assessments will provide important information to ensure your child is properly healed before returning to action. To find out more about the program, or to schedule an assessment for your child, please call 440-414-6050.





Consumer reports health care recognition for quality excellence:









www.stjohnmedicalcenter.net

## Community invited to tour Ames Family Hospice House

#### by Laurie Henrichsen

The public is invited to tour the house and grounds at Ames Family Hospice House on Friday, March 8, 2-3 p.m. at a free Community Open House sponsored by Hospice of the Western Reserve. The new 40,000-square-foot Craftsman-inspired house opened last summer, and is tucked away on a hidden 30-acre site in the woods near Porter Creek, just north of Clemens Road, between Holiday Inn and Bonne Belle.

Refreshments will be provided. Reservations can be made by visiting the hospice's website, www.hospicewr.org, or calling 216-486-6645. For those unable to visit March 8, a second open house is slated for Friday, June 14, 2-3 p.m.

"We are part of the fabric of the community, so we encourage residents in the surrounding West Shore suburbs to bring their friends and stop in during one of our open house events," said Bill Finn, chief executive officer. "It's a great way to see first-hand the distinctive range of ser-



The expansive great room includes vaulted ceilings and stained glass windows.



The Ames Family Hospice House will be open for tours on March 8.

vices we offer as a non-profit agency with 35 years of history in Northern Ohio."

Locations people will see on the tour

include the great room, the family living room and study, screened porches, court-yards and al fresco patios for patients and families, art and music therapy studios, the exercise room, spa room, meditation room, family kitchen, café, Tribute Walk, Tranquility Garden, the Veterans Garden and the Veterans Walk of Honor. The house's many "green" and technologically advanced features will also be showcased.

The site surrounding the house is home to abundant wildlife, and includes the walking trails formerly built by Bonne Belle, which have

been refurbished by community volunteers and reopened for the community at large to enjoy. The public is also welcome to stroll through or meditate in the many gardens on the grounds. Bricks are available to inscribe and place to memorialize loved ones.

Finn said Ames Family Hospice House was built to provide West Side residents with easier access to state-of-the-art symptom control for seriously ill patients. "We've designed it to be very homelike and non-institutional," he added. "We want it to be a home away from home for our patients and their families."

The new house has been well received because of its convenient access right off I-90, and its ability to handle even the most complex cases, including pediatric hospice patients, ALS (Lou Gehrig's Disease), COPD, HIV and patients coping with multiple diseases.

## Valentine's Day wish granted for hospice patient



Nursing aide Melody Williams and social worker Misty Durbin deliver a special Valentine's Day dinner to Carol Ludorf, a resident of Ames Family Hospice House.

#### by Laurie Henrichsen

arol Ludorf, a resident of Ames Family Hospice House in Westlake, had one special wish. When her social worker, Misty Durbin, asked if there was anything in particular she would like, she said the only thing she really wanted for herself was a lobster dinner. She had been thinking about mentioning this to her friend, but did not want to impose or make her friend feel obligated to pay for it.

Hospice of the Western Reserve does everything it can to fulfill its patients' wishes, so Durbin was determined to get the lobster for Mrs. Ludorf. She had originally planned to request funds from the non-profit agency's life enrichment fund to pay for the meal. However, much to her surprise, when she called Lobster Brothers Seafood in Westlake to place the order, they insisted on donating it. Durbin found out later the family-owned business had also donated a meal to a Hospice of the Western Reserve patient in Lakewood a while back.

"The owners were not seeking any recognition for the donated dinners," Durbin said. "Their sole motivation was doing something kind for our patients. Thanks to their generosity, Mrs. Ludorf enjoyed a special treat this Valentine's Day."



## **BAY VILLAGE CITY SCHOOLS**

## Dog bone sale a huge success!

by Jackson Duffy, Jimmy Hanselman and Jack Mediate, third-graders at Westerly School

'n early January, Mrs. Thomas' and Mrs. Davis' third-grade classes were hard at work selling ▲ homemade "Bark-B-Q" dog bones. Parents volunteered their time to help make dog bones. Making the bones was a messy job. To make the bones, we mixed eggs, water, brown sugar, flour, honey and barbeque sauce together with our own hands. It was a messy job.

Then we rolled the dough out and used a dog bone shaped cutter to cut them. Finally, we baked them in the oven. We put two bones in a bag and sold them for \$1.25. Most of the sales were pre-orders so we got to go to the different classes and deliver them.

The only thing missing this year were the green Weston Woofs T-shirts to wear during baking, delivering and selling days. We decided that instead of buying shirts with some of the profit, that we would rather donate all our proceeds to the animal sanctuary.

Our company, Weston Woofs Inc., baked over a thousand bones! The sale was a huge success. We sold more than 400 bags. Some of the sales even came from online when we posted our email address, westonwoofsinc@gmail.com, in a previous article. Other sales came from the different schools and board office in Bay Village. But most of our sales came right from Westerly students and staff.

In the end, we had \$580 to donate to the Island Safe Harbor Animal Sanctuary. The shelter is very happy! If you want to donate or adopt a dog, you can go to www.islandshas.wix.com/i. It really felt good to help the animals and to raise money for a good cause.



Jackson, Jack and Jimmy with the donation check.



Weston Woofs' homemade Bark-B-Q dog bones.

## **Bark-B-Q Bones**

- 2 1/2 cups whole wheat flour
- 1/2 cup cornmeal
- 1/2 cup wheat germ
- 1/2 cup barbeque sauce
- 2 tablespoons brown sugar
- 1 tablespoon honey
- 3 tablespoons corn oil
- 1 egg • 1/2 cup water

Preheat oven to 350 degrees. Combine dry ingredients. In a separate bowl, mix honey, oil, egg, water and barbeque sauce. Add to dry ingredients. Roll dough to 1/4-inch thick, cut with cookie cutter and place on ungreased cookie sheet. Bake for 25 minutes at 350 degrees. Makes 1 1/2 to 2 dozen bones (depends on size of cookie cutter).

## **B-Schools** Bloomberg Businessweek rt-Time MBA Earn an MBA in just two years at UA Lakewood.

Discover the Saturday MBA program at UA Lakewood that allows busy professionals to earn an MBA in two years by attending class every other Saturday.

REGISTER NOW! Call 216-221-1141 for an appointment with an adviser. Visit lakewood.uakron.edu for course listings.



The University of Akron Lakewood

UA Lakewood is located on the first floor of the historic Bailey Building at 14725 Detroit Ave. in the heart of Downtown Lakewood.

## **WESTLAKE HISTORICAL SOCIETY**

## Cutest pet desk calendars help fund society programs

## by Lysa Stanton

**¬** ach year the Westlake Historical Society holds a con**d** test to find the cutest pet in Westlake. Any kind of pet is eligible: cats, dogs, parrots, ferrets, etc. In 2013 we had our first gecko in the competition. If it's a pet in Westlake, and it's cute, it can compete!

This year, we honored the 2013 cutest pet contest winner "Toby" (an Airedale mix) by putting him on the cover of our cutest pet desk calendar for 2013. We also added the top 12 pet photos in the competition and gave them each a month of the calendar year.

Since our first batch of calen-

dars sold out quickly, we printed more and are making them available now. The suggested donation is only \$6. Email us at westlakehistory@yahoo.com or call us at 440-808-1961 if you would be interested in a cutest pet calendar.

The money raised from the calendars helps to offset the cost of providing children's educational programs at the Clague House Museum. The 2014 cutest pet contest will be held in October. Please watch for more details or you may contact the Westlake Historical Society. Speaking of 2014, we are currently working on a calendar for 2014 called "Historic Westlake." More information will be available later this year.



## **PROM**

continued from front page

Members of the class of 2013, their parents, community members, PTSA President Therese Squeri and school board members Anthony Falcone, Barbara Leszynski, Carol Winter and Tom Mays were greeted by masters of ceremony Cara Murthy, class president, and partner Corbin Dunlap.

After recognizing the local businesses that supported the event, the emcees introduced Students Against Destructive Decisions representative Maddie Sandhu. Maddie poignantly reminded her classmates to make smart choices during these last one hundred days. "It would be unimaginable if one of us sitting here today made a decision that left an empty chair where you should have been sitting," she said. Maddie continued on with her message by urging the class to be smart so "we can celebrate this amazing time in our lives together."

Officer Scott Fortkamp, Westlake High School's resource officer, drew from personal experience as he shared colorful stories that were full of emotion with the audience, stories of senseless tragedies involving teens, drugs, alcohol and driving.

His message was strong and honest. Along with the solemn messages, the printed program given to students as they entered the Performing Arts Center included the Prom Promise to not drive in an



Shawn Turk and Hanna Tegel walk down the runway during the Feb. 15 prom assembly.

altered state and astounding facts about underage drinking and using fake identification to purchase alcohol. The message was loud and clear: "be safe and take care of each other."

At the conclusion of Officer Fortkamp's remarks, student "models" took to the lit runway and entertained their audience with a fabulous fun-filled fashion show featuring beautiful prom fashions from La Femme Couture in North Olmsted and tuxedos from American Commodore Tuxedo in Great Northern Mall. Hair and makeup services were offered by Charles Scott Salon and Spa in Crocker Park, Stay in Style on Center Ridge Road, and the Rainbow Room also on Center Ridge Road. Silver Fox florist provided handmade fresh corsages and boutonnieres that

coordinated beautifully with the models ensembles. Everyone looked amazing.

After the fashion show, WHS Principal Timothy Freeman offered closing remarks that once again reinforced the message given earlier. He too drew from personal experience and shared stories about students he had known who died in senseless avoidable

accidents involving drinking, drugs and driving. Students and the rest of the audience felt the emotion and sincerity in his words.

At the close of the program the masters of ceremony drew names for two raffle baskets



WHS students Zaine Odetallah, Cara Murthy, Ally Adornetto, Alina Balodis, Maddie Sandhu and Ashwen Ravishandran show off the hottest styles in prom fashion this year.



WHS young men pose in their attire for the prom.

filled with prom goodies donated by local businesses. Shortly after, the models came back out one more time to show off their attire on the runway and throw T-shirts from American Commodore Tuxedo to their classmates.

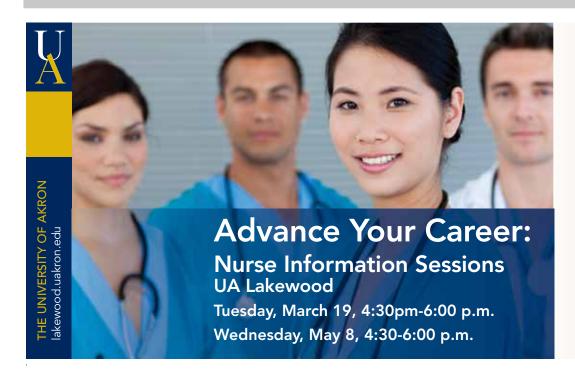
The winter season is ending

and spring fever and senioritis are just around the corner and unavoidable. The WHS class of 2013 is a tight-knit group that has a great deal to celebrate, but the importance of making good decisions should always be a part of this, and all future celebrations.

## Two local students earn top marks in chemistry contest

estlake residents Amir Issa, a seventh-grader at Birchwood School in Cleveland, and Shruthi Ravichandran, a fourth-grader at the school, recently placed first in their divisions in chemistry contests sponsored by the Cleveland American Chemical Society and National Chemistry Week. As part of this year's nanotechnology theme, Shruthi won the scratch-and-sniff sticker competition and Amir won for his analysis of a chemical reaction experiment.





## **Highlights of the UA Lakewood RN-BSN program:**

- Completion of the bachelor's degree in one year
- Adult learner-focused, building on prior education and clinical experience
- An option to portfolio student experience in place of one clinical
- No challenge exams required

There will be advisers on hand to answer questions about the RN-BSN and MSN programs. Refreshments will be served.

Contact Kimberly Moss at 330.972.5526 or kmoss1@uakron.edu to RSVP, or for questions. lakewood.uakron.edu

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## **WESTLAKE PORTER PUBLIC LIBRARY**

## **Upcoming events** at Westlake Porter Public Library

by Elaine Willis

Wednesday, Feb. 20 (10:15-10:45 a.m. or 11-11:30 a.m.) LET'S SING **AND DANCE!** – Join us for a fun session of singing and dancing for children ages 2-6 with a caregiver. Space is limited, so please arrive early enough to receive a ticket at the Preschool Desk.

Wednesday, Feb. 20 (4-5 p.m.) **BOOKS WITH BELLA –** What do you get when you bring children, dogs and books together? You get happy, confident children who love reading! Stop by the Youth Services Department each Wednesday and sign your child up for a 15-minute reading time with Bella the Bulldog! Bring your own book to share with Bella or choose one of ours.

Wednesday, Feb. 20 (5-6 p.m.) TWEEN BOOK CLUB - Read a really good book recently? Looking for suggestions? Then join us for lively discussions about good books, audio, apps and more. Snacks provided! Grades 5-8.

Wednesday, Feb. 20 (6:30-8:45 p.m.) CUYAHOGA WEST GENEA-**LOGICAL SOCIETY** 

Thursday, Feb. 21 (3-4:30 p.m.) **HEALTHY, FIT LIVING FOR 50+-**Fun and informative program for 50+

about life changes relating to physical activity, eating habits, medication and health. Please register.

Thursday, Feb. 21 (5-6 p.m.) TEEN **BOOK DISCUSSION - Read a really** good book recently? Looking for suggestions? Then join us for a snack and a lively discussions about books, audio, apps and more. Grades 9-12. Please register starting Feb. 14. Meets at Panera Bread, 26137 Detroit Rd., Westlake.

Friday, Feb. 22 (10 a.m.-Noon) **PORTER'S FIBER FANATICS -**Socialize, share, and solve problems while you work on your current project.

Friday, Feb. 22 (11:30 a.m.-12:30 p.m.) CONNECTING FOR KIDS "TEACH ME TO PLAY" - Experts from the Cuyahoga Board of Developmental Disabilities will lead this playgroup for children 6 years and younger (siblings welcome). Parents will learn how to help their children play and interact with peers through modeling techniques. Children do not need a formal diagnosis to attend. Caregiver must stay in the room. Please register at connectingforkids.org.

Friday, Feb. 22 (1:30-2:30 p.m.) KIDS IN MOTION SENSORYTIME

- Join us for stories, activities, music and

more! Program consists of a 30-minute storytime followed by a 30-minute social-sharing time for the group. No registration required. Program is designed to engage children with autism or other special needs/sensory challenges. Each child must have an adult

Saturday, Feb. 23 (10 a.m.-2 p.m.) **CRAFTS A GO-GO!** – Come on in and make a craft! We provide the supplies, you provide the creativity. No registration necessary. Meets in front of the Youth Services Desk.

Saturday, Feb. 23 (2:30-3:30 p.m.) **BRICK BUILDERS CLUB -** Love those LEGO bricks? Then bring your ideas and imagination to the club! All bricks provided. Ages 6-13. Registration begins Feb. 16.

Monday, Feb. 25 (1-7 p.m.) AMER-ICAN RED CROSS BLOODMOBILE

Monday, Feb. 25 (4-6 p.m.) TEEN **LOUNGE** - Need a place to hang out after school? Come to WPPL's Teen Lounge on Monday afternoons! We've got computers, video games, board games, snacks and more! Meets only when Westlake Schools are in session. Registration not necessary.

Tuesday, Feb. 26 (7-8:30 p.m.) **HEART 411 –** Join Cleveland Clinic's cardiac surgeons Dr. Marc Gillinov and Dr. Steven Nissen as they guide you through treatment options and the role of smoking, diet and stress in your heart's health. Please register.

Wednesday, Feb. 27 (10:15-10:45 a.m. or 11-11:30 a.m.) LET'S SING **AND DANCE!** – Join us for a fun session of singing and dancing for children ages 2-6 with a caregiver. Space is limited, so please arrive early enough to receive a ticket at the Preschool Desk.

Wednesday, Feb. 27 (2 p.m.) WEDNESDAY AFTERNOON BOOK **DISCUSSION** — February's selection is "Cleopatra: A Life" by Stacy Schiff.

Wednesday, Feb. 27 (4-5 p.m.) **BOOKS WITH BELLA –** What do you get when you bring children, dogs and books together? You get happy, confident children who love reading! Stop by the Youth Services Department each Wednesday and sign your child up for a 15-minute reading time with Bella the Bulldog! Bring your own book to share with Bella or choose one of ours.

To register for any of the programs, please call 440-871-2600 or visit signup. westlakelibrary.org:8080.

## Bay resident helps teens 'aging out' of foster system

aura Geuther, a longtime resident of Bay Village and community volunteer, has assumed the leadership of Fill This House, a nonprofit organization dedicated to improving the living conditions of local youth aging out of the foster care system. By supplying household needs for youth transitioning to independent housing, Fill This House is able to deliver support and comfort, while providing a fresh start, in a way that maintains dignity. Geuther is passionate and excited about providing support for these

Many young people emancipate with the support of a longterm foster family and are able to transition smoothly. However, there is a population of foster teens who have experienced several foster homes and group facilities. They find themselves alone, without the support of a relative, adoptive family or foster family. Their possessions are few, if any. It is this group of teens, aging out alone, that Fill This House supports. They provide items such as bedroom, kitchen, bath and cleaning necessities.

By raising funds, purchasing items and conducting collection drives in the community, we are able to provide new household items for needy teens in independent living situations. Why new? For dignity. Teens served by Fill This House seldom experience the pleasure of owning new items.

When notified (by a case worker) of a young person "aging out," the necessary items are delivered immediately. This includes a Bible. As a faith-based organization, Fill This House wants each young person to know that he or she is not alone.

Individuals or organizations may support this worthy cause either with financial contributions or by organizing collection drives. Donations may be made on the website www.fillthishouse.org.

## Win a trip to **Hilton Head!**

by Kathy Rigdon

'f having fun in the sun sounds good about now, then don't miss your chance to win a <u>trip</u> to beautiful Hilton Head Island! Enter to win a seven night stay in Port Royal Plantation. The three-bedroom townhouse sleeps six and you can schedule your trip on a mutually agreed-upon date in 2013. The winner also gets \$250 for travel expenses. Tickets are 2 for \$50 or 5 for \$100.

Proceeds from ticket sales support Youth Challenge programs. YC is a non-profit organization whose mission is to bring together children with physical disabilities and youth volunteers who enrich each other's lives through one-on-one participation in adapted sports and recreational activities. YC programs and transportation are offered at no charge.

The drawing will be held on April 13 at the Youth Challenge Annual Benefit & Auction at the Cleveland Marriott Downtown at Key Center. You do not need to be present to win.

To buy tickets, please visit youthchallengesports.com, click on "Win a Trip to Hilton Head," or call 440-892-1001. ●

## Art museum history is focus of **Bay Historical Society program**

by Cynthia Eakin

rtful Decades: The Cleveland Museum of Art Story," presented by CMA archivist Leslie Cade, is the featured presentation for the Feb. 21 Bay Village Historical Society potluck dinner program. Bay Village Community House doors open at 6 p.m. with a meet-and-greet. The dinner entrée of meatloaf, mashed potatoes and gravy will be

provided by the historical society.

Guests with last names beginning with letters A through K are asked to bring an appetizer or salad for 10 people. Guests with last names beginning with letters Lthrough Z are asked to provide a dessert. Admission is free and open to the public, but donations are accepted to help defray costs.

Anyone interesting in attending should contact Bay Village Historical Society Vice President Doug Gertz at 440-554-6355. ●













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## DISC

continued from front page

Instead of the big bag of clubs used in golf, disc players traditionally use a set of 3 discs: a driver disc for long distances, a mid-range disc and a putter disc, though some players have up to 15 discs designed for distance and flight curvature.

The sport has been growing in number of players and courses over the last decade, to 3,500 disc golf courses in the U.S. in 2012. There's even a professional organization for the sport, the Professional Disc Golf Association, that held more than 1,300 tournaments last year and features a championship tour series modeled after golf's PGA Tour. There are a few courses in Northeast Ohio, including Berea and Parma, and the city of Westlake has five golf disc holes behind the recreation center complex, although it's a not complete course, but more of a practice area.

All of this interest in a sport that can be played from school age to old age prompted Bay Village resident Lawrence Kuh to explore the possibility of having a disc golf course located in Bay Village's Cahoon Memorial Park. After walking the park and planning the number of holes, Kuh came up with the layout for a nine-hole course straddling Cahoon Creek south of Lake Road, with four holes on the east side of the creek and five holes on the west side.

With the course layout in hand, along with disc golf facts and cost estimates for such a course, Kuh approached the Cahoon Park trustees with his idea during the Feb. 11 meeting of Bay Village City Council. He asked the trustees for their approval to pursue raising funds from civic organizations and individuals to purchase the pole baskets and markers for the course.

Kuh, who was a driving force behind the Bay Skate and Bike Park built in 2010, stated that the course hardware will be privately financed and would not require any city or trustee funds. The trustees liked the disc golf idea and voted to allow him to proceed with the fundraising.

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Kuh, a sixth-grade math teacher at it's a passive use of green space and Bay Middle School, explained that disc

golf has already been taught to BMS seventhand eighth-graders in gym class for a couple of years as a low-cost way to teach golf concepts, which are included in the content standards for physical education. He believes that such a course can benefit residents by encouraging greater use of the scenic valley in Cahoon Park.

"Every age group has the ability to do it," Kuh said. "It increases physical activity, it's low cost,



One of five basket holes behind the Westlake Rec Center.

people perhaps don't know even about

this valley very much so it opens it up to residents with another activity. I see it as a collaborative community project between the schools and the city. It completely benefits the schools through physical education, it gives the residents of the city another option of something to do, and it

introduces another physical activity to the kids, perhaps that they've never even thought about," he said.

A few days after the city council meeting, Kuh walked Cahoon Park with BMS art teacher Greg Leininger, who has been playing disc golf for 12 years, to set stakes for the possible hole locations. They took care to ensure tee areas and hole baskets will be inconspicuously placed so as not to intrude on the natural beauty of the park. The hole baskets can be removed when the course is not in use during the winter months, if desired, or readjusted to refine play on the course.

Kuh estimates that the course will cost \$4,000 to build. To contribute to the course fund, contact Lawrence Kuh at kuhfamily@gmail.com



Tentative course layout of the proposed nine-hole Cahoon Creek disc golf course in Cahoon Memorial Park.



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### WESTLAKE CITY SCHOOLS

## LBMS team sweeps regional math competition

#### by Kim Bonvissuto

he Lee Burneson Middle School team of eighth-graders Alex Lathem and Anna Craven, and seventh-graders Ryan Karpuszka and Patrick Lee, brought home the first-place team trophy in the MATHCOUNTS competition and qualified to move on to state competition. Alex also finished first overall in the competition.

LBMS also swept the top four individual trophies. Eighth-grader Justin Krantz earned a first-place individual award, eighth-grader Mark Sargent second place, eighth-grader Sneha Ramachandran third place and seventh-grader Sean Rossander fourth place. Justin and Mark also quali-

fied for state competition based on their individual performances.

The chapter competition was held at Lorain County Community College and was sponsored by the Lorain County Society of Professional Engineers. The state competition will be held March 9 at Columbus State Community College. Winners of the state competition will move on to the 2013 Raytheon MATHCOUNTS National Competition on May 10 in Washington, D.C.

The MATHCOUNTS Competition Program is a national middle school math competition that promotes mathematics achievement through a series of fun and engaging "bee" style contests. The program takes place in all 50 states.



The LBMS MATHCOUNTS team, from left, Justin Krantz, Mark Sargent, Ben Sposet, Ryan Karpuszka, Alex Lathem, Patrick Lee, Anna Craven, Sean Rossander, Sneha Ramachandran and Carter Hoon.

## WHS sophomore scores perfect on ACT, SAT

#### by Kim Bonvissuto

Aswin Bikkani is leaving his mark on the academic world and Westlake High School.

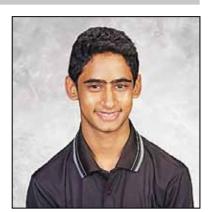
Aswin earned a perfect score of 800 on the Literature, Mathematics Level 2, Chemistry and Physics SAT subject tests,

and a 790 on the Mathematics Level 1 and a 780 on the Biology E SAT subject test.

He also was the second Westlake High School student this year to earn a perfect 36 on the ACT test, as well as perfect scores on the Critical Reading and Math sections of the SAT for a total score of 2370 out of a possible score of

2400. That score placed him in the 99th percentile of students who took the test.

Aswin is involved in the WHS Speech & Debate Club, National Forensics League and Academic Challenge. He runs track and is expecting his Eagle Scout award later this year. He is considering studying to become a doctor when he graduates.



WHS sophomore Aswin Bikkani

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### **CUYAHOGA COUNTY PUBLIC LIBRARY BAY VILLAGE BRANCH**

## **Upcoming programs** at the Bay Village Branch Library

by Joyce Sandy

Bebruary is half over, which means we're getting that much closer to spring! There are a lot of programs coming to the library to get us there. We'll help you get through Tax Season, get creative with teens, and celebrate Dr. Seuss with the children. Stop in to see the displays throughout the library and discover something new. Check out the new shelves in the Teen Department dedicated to books for high school students and older teens. Be sure to make the library one of your destinations – we'll keep you informed and entertained! Please register to attend the following programs:

#### **ADULT DEPARTMENT**

Wednesday, Feb. 20 (7 p.m.) ALA NOTABLE BOOK LIST 2013 – Bill Kelly, Branch Manager at the Beachwood Branch and member of ALA council, will explain how the books are chosen and how the process is completed.

**Tuesday, Feb. 26 (7 p.m.) IT'S TAX TIME** – Finding answers to your tax questions is now less taxing. Join H&R Block representatives as they share information to provide you every advantage at tax time.

#### **TEEN DEPARTMENT**

Monday, Feb. 25 (7 p.m.) GIRLS IN

**BAY BOOK DISCUSSION** – For grades 5-8. Girls, bring an adult female friend for some great time together! We'll discuss a book, share a snack and do a related activity.

**Thursday, Feb. 21 (3:30 p.m.) ROLL OUT THE DUCT TAPE!** – For ages
11-18. Feeling creative? Join us as we roll
out the duct tape for fun projects. Try one
of ours or come up with one of your own
– you'll be stuck on whatever you create!

#### **CHILDREN'S DEPARTMENT**

**Thursday, Feb. 28 (11 a.m.) PRESCHOOL PALS** – For ages 3 ½-5 years. Preschoolers are invited to attend this storytime just for them

invited to attend this storytime just for them on their own! Parents can enjoy a magazine or book in the library as their preschoolers share stories and songs.

**Thursday, Feb. 28 (3:30 p.m.) JR. ENGINEERING CLUB** – For ages 8-12. Bring your ideas and imagination and have fun creating all kinds of structures!

**Saturday, March 2 (11 a.m.) HAPPY BIRTHDAY, DR. SEUSS** – For ages 3-8 years. Join in the celebration of this beloved author as we share a story and then explore stations with activities and crafts.

Please register at cuyahogalibrary.org, call 871-6392, or stop in to see us. We look forward to seeing you! ●

## **FAITH & SPIRITUALITY**

# Consciousness remains as memory dissolves

by Terri Zajac

he experience of observing a beloved parent's mind diminish from dementia or Alzheimer's is difficult to endure, but it also raises fascinating questions about the mind, brain, soul and consciousness.

Consciousness is pure awareness. It is the ability to be aware that we are aware. It is different from the "content" of your consciousness which may comprise all of your experiences, knowledge, relationships and beliefs. In my own experience with my mother's dissolving memory, I see that she no longer remembers all of what she was, but she knows that she is. She exists, she feels, she wonders about her world; she is fully conscious.

Yet, who is it that is existing as my mom? It's not the resourceful, powerful mother of six and real estate broker she once was. She seems to have been "reduced" to an essence that is pure awareness, but that sense of "reduction" must be my own interpretation.

Who can judge that one is less because one is no longer productive? Infants just lay there doing nothing and we don't judge them as unproductive. We think of infants as having potential. But elders with dementia do not appear to have potential, so it is easy to see them as less. However, there is always more to Life than meets the eye.

Perhaps that dissolution of all but consciousness is part of our evolution as spiri-

tual beings into pure essence. For eons monks and nuns meditated in caves attempting to throw off all identifying labels to become nothing but pure consciousness! When I stopped resisting my mother's experience and started observing it as non-judgmentally as possible, I

saw that without all the identifying labels (mother, wife, worker, volunteer, painter), she was becoming more of the essence of who she was and perhaps who we all are: simply beings (hopefully loving) connected through consciousness to everything else.

What happened to all of the good things she did, all of the religious practices and beliefs? Where are they stored now? Is her soul the storehouse of her evolvement? Some say that when we die, the content of our consciousness (or our "character") is what we take with us. If the brain can't remember any of that evolution, surely it can't be lost or wasted. Albert Einstein concluded that we live in a benevolent universe. It doesn't make sense in a benevolent universe that all of the understanding gained is ever lost. If so, there would be no evolving consciousness, and there clearly is as the world continues to change.

My spiritual community, Unity, has a principle that guides me in embracing the experience of life that my mother and I are having with her dementia. It's a scientific principle as well: nothing is ever lost in the universe. It only changes. Do not judge; wait and see what happens.

A few years ago, my mom had a little plaque that read: "Of all the things I've lost, I miss my mind the most." Who inside her is doing the missing of the mind? We are more than we think we are and our diminishing loved ones have much to teach us.

## **HEALTH + WELLNESS**

## Are you worried about your memory?

by Kristi Vaughn, LSW

s we get older, at some point we may worry about our memory. Have you ever walked into a room and forgot why you went in there? It happens to most of us and is usually not a reason to worry, especially if you can quickly retrace your steps and remember why you went into the room in the first place. The following tips, however, may help you decide if you need further evaluation to rule out dementia or something else that may be causing problems.

- 1. Your loved ones or friends have pointed out a memory concern or mistakes that you have made. Are they telling you that you repeat yourself often or that you are making mistakes in your everyday functions such as paying your bills, forgetting to eat or keeping your appointments? Do you feel you are on the defense about your memory and are arguing with your loved ones about the mistakes they point out?
- 2. You are finding it hard to make a decision or choose something that used to be simple for you. Do you notice you are having trouble choosing what to wear or what to order off of a menu?
- 3. You have admitted to yourself that your memory problems scare you. You are noticing situations that cause alarms to go off in your head, such as repeatedly misplacing your wallet or purse or finding it in a strange place, like the pantry. You have been driv-

ing and suddenly did not know where you were; only to realize later that you were on a road you have driven on your entire life.

- 4. You avoid once-favorite activities or change your routine to compensate for your memory loss or inability to make quick decisions. Because most people with early dementia are aware of some of their shortcomings, they may avoid their previously loved activities because they are concerned others will notice they're having problems or they are struggling with their knitting or word searches. Many times people start to make detailed lists to help, but find they also have to make reminder notes to look at the to-do lists. You may even be asking others for help at this point.
- 5. Your loved ones have been covering for you. Has your wife or husband been stepping in more often and talking or completing tasks for you? This may be a sign that your loved one has noticed you're having problems, but is not talking to you about it. It is common for couples to compensate for their spouse who is having memory or decision-making problems.

If you identify with one or more of these examples, it would be wise to consult with your physician. The doctor can do a thorough evaluation and assess if what you are experiencing is being caused by your medication, an infection or even depression, or if you have the beginning stages of dementia. •

### **POETRY**

## **Lunch Box**

by Dave Scullin

It's the end of my shift as I sit on the bench looking at my open locker.

My eyes come to rest on my old beat-up lunch box with its dings, dents and scratches.

It seems a lot like me. A union man from the "school of hard knocks."

Over the years I have suffered my share of dents and dings, but still take pride in my American work ethic.

I think back and chuckle at me as a newlywed requesting my wife to make my lunch box sandwiches "with the mayo spread to all four corners and the sandwich cut on the diagonal."

On her own, she would sneak an occasional love note in my box along with my favorite Kit-Kat candy bar.

Taped to the inside of my locker is the smiling stick figure artwork from my young daughter. Found in my box many years ago.

My lunch box not only contains food...but also love.

## WESTLAKE CITY SCHOOLS

## **WHS has 7 national Merit Finalists**



Westlake's National Merit Finalists, from left: Samuel Yun, Ishaan Bakhle, Wan Kwok, Aakash Shah, Nora Lee, Elizabeth Kobe and Elizabeth Goldberg.

#### by Kim Bonvissuto

even Westlake High School students were named 2013 National Merit Finalists in the National Merit Program.

Finalists Ishaan Bakhle, Elizabeth Goldberg, Elizabeth Kobe, Wan Kwok, Nora Lee, Aakash Shah and Samuel Yun will move on to compete for about 8,300

National Merit Scholarships and 1,300 Special Scholarships worth more than \$34 million. Scholarship awards will be announced in April and are based on abilities, skills and accomplishments.

Westlake High School's seven National Merit Finalists are among about 15,000 students nationwide announced as finalists, based on their PSAT scores taken in their junior year.

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## BW music students perform winter concert at Church of the Redeemer

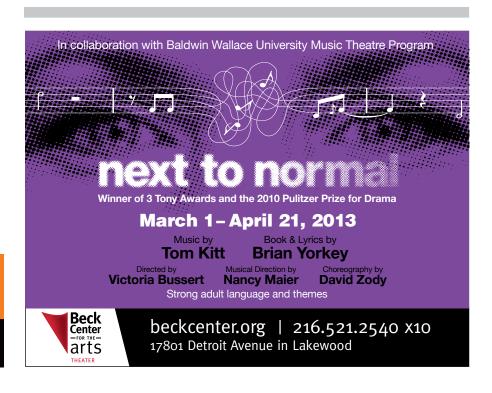


Soprano Katie Staskus of Westlake performs "Come scoglio" from Mozart's "Cosi fan tutte" opera Feb. 17 at Church of the Redeemer. Four Baldwin Wallace Conservatory of Music students were featured during a winter concert held at the church. Jason Aquila, an adjunct faculty member at the university, accompanies Katie on the piano. Jason is also the organist for the Westlake church.

## Aktion Club plays Cupid for nursing home residents



Members of the Westlake Kiwanis Aktion Club delivered handmade valentines to local nursing homes and assisted living facilities on Sunday, Feb. 10. Picking up the valentines at Pat Catan's Westlake were: front row I-to-r, Natalie Orlandi, Jennifer Rutkoski, Laura Santamaria, Robert Grant and Meghan Drops; back row, Rachel Merriner from Pat Catan's and Vic Rutkoski, Aktion Club advisor.



## On safari in South Africa

#### by Audrey Ray

an you imagine the smell of elephant dung? I mean actually having the elephant dung put under your nose to smell it? I don't have to imagine because I smelled it on my first safari. It smelled a lot like horse poop and I learned that is because horses and elephants eat similar foods. Even though it *smells* like horse poop, it sure is a lot bigger!

My family and I just got back from going on our first safari. We went to Sambona Wildlife Reserve and is about three-anda-half hours from where we live. The Reserve was created in 2002 to restore the wildlife and environment slowly back to how it was before the first white settlers came to South Africa.

The first white settlers came to the area about 300 years ago. They came to use the land to raise sheep, goats and cattle. The animals overgrazed the area and the vegetation couldn't keep up because it was so dry. The wildlife that had lived in the area moved away from their natural habitat because of the farmers and ran to the mountains or they migrated north.

The first white settlers changed the landscape completely. Not only did the natu-

ral wildlife move away but the farming didn't work because the area is not good for farming sheep, goats and cattle. I saw some of the damage the farming caused. There are large holes in the ground that was caused by erosion because the plant roots that held the soil together were gone due to the overgrazing.

Sambona Wildlife Reserve is in the Karoo Desert and Karoo means "the hard, dry place." I understand why it was named the Karoo because when you go on game drives there are huge clouds of dust that get kicked up by the jeep; after the drives we were covered in dirt. There are also many, many mountains in the area. We drove up and down

the mountains and valleys bouncing up and down in the jeep. On one of the climbs up the hill, we were told that we were going on "the roller coaster." It was like climbing up the first roller coaster hill because you couldn't see what was ahead. It was cool.

I went on four game drives led by a ranger that lasted between three and four hours each. Our ranger's name was Surhita. She helped us find lots of animals and taught us about the landscape, how to find game by tracking it and interesting facts about the animals and their behaviors. One of my



Two cheetahs feast on a baby springbok in South Africa's Sambona Wildlife Reserve.



Adrian, Evelyn, Audrey and Iain Ray on safari.

favorite moments on the game drives was when we found two cheetah brothers eating a baby springbok under a tree. They were on alert while they were eating, watching us and looking

for other animals like jackals and lions that might come and steal their food. The brothers had blood all over the faces. They growled at one another when they were fighting over the good pieces of meat. I didn't see this but Surhita told us that the brothers will groom each other and clean up the blood off each other's faces when they are done eating.

I also saw three white lions and I didn't even know white lions existed. I heard baboons screaming when two tawny lions were near and walking towards them. I could see the baboons running along the mountainside looking for shelter. One of the tawny lions stopped walking and began roaring over and over again. The sound of his roar echoed off the mountains. Even Surhita thought that was incredible. She told us not everyone gets to hear a lion roar. We felt very lucky!

My first safari taught me that it takes a lot of patience to find the animals. You have to really keep a watchful eye on your surroundings because the animals can be right there but you can miss them because they are so well camouflaged. Sometimes you are lucky and see animals after animals, but other times you can drive long periods of time without seeing anything. I am looking forward to the next time we go on safari and I hope we have a ranger as great as Surhita.

## White lions at Sanbona

#### by lain Ray

ave you ever seen a white lion? I have when I was on a safari ride in the Sanbona Wildlife Reserve in South Africa. Did you know that they are really white and bright? I like them

White lions at the Sanbona Wildlife Reserve in South Africa.

because the color of their fur is so bright. It is much brighter than the tawny lion. The tawny lion is the yellow lion that you may have seen at the Cleveland Metroparks Zoo.

The white lion is four feet tall and it weighs 350 to 400 pounds.

They live in the Great Timbavati Wildlife Reserve and Sanbona Wildlife Reserve in South Africa (their habitat). There are only 10 white lions

wild. They were first found in the Great Timbavati in 1938 and the people of Sanbona recently bought the three that they have.

Before we saw the white lions up close they were white specks in the distance. We were on the top of a mountain enjoying a "sundowner."



Ranger guide Surhita shares a safari breakfast with the Ray family.

A sundowner is taking a break from the game drive and enjoying a hot chocolate and a special snack. So we quickly threw our drinks in the jeep and took off!

Our jeep raced down the mountain and we barely caught them. The mother lion was walking slowly through the bush. I think she was hunting. She didn't even look at us. But the boy and girl lions were curious about us. They spent some

time looking strangely at us. They also were playing like cats. They way they played sort of looked like my friend James' cats playing only much bigger. It was pretty cool. They were really close, like five feet away from me.

The white lions eat zebra, impala, buffalo, wild hogs and antelope. White lions are endangered because of being

overhunted. They also have bright fur so some people think they haven't done as well as the tawny lion in nature because they stand out.

I was lucky to see the white lions on safari. The white lions are rare to see in the wild. It was really cool.

Iain Ray is a second-grader at Normandy in Bay Village, currently living abroad in South Africa.









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#### **BAYarts**

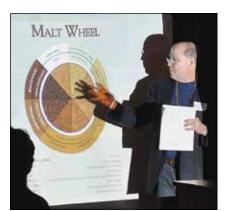
## BAYarts fundraiser a kickoff to a 'green' campus

by Mary Conway Sullivan

bout 70 people gathered at The Ironwood's Copper Cup Café on Tuesday, Feb. 12, at a benefit to support BAYarts, where they learned about sustainability and tasted several varieties of beer from The Great Lakes Brewing Company.

Patrick Conway, co-owner of Great Lakes, explained the brewery's recycling, composting and local sourcing practices while participants dined on a five course meal prepared by Copper Cup chef Joe Dubbs. Proceeds from the event will go towards BAYarts' sustainability efforts, for example, purchasing compostable party supplies for events.

It is BAYarts' goal to make their annual fall benefit, Moondance, set to take place on Sept. 14, 2013, a nearzero waste event.



**Patrick Conway explains the malts** used in different Great Lakes beers.



Patrick Conway of the Great Lakes Brewing Company and Copper Cup chef Joe Dubbs during the BAYarts benefit.

## **BOOKS**

continued from front page

Those first stories were about two superheroes, Clam Boy and Big Sister Kitty, who use their special powers to pick up litter - especially those blue plas-

tic grocery bags that get caught up high in the trees. You've seen them on I-90, flying like flags day after day. Clam Boy and Big Sister Kitty get the job done by cooperating.

It wasn't long before I ended up at Zygote Press, where Bay Village resident Liz Maugans introduced me to their room full of flat-bed etching presses, and other machines.

This exhibit will show you the evolution of my work, from stories about Clam Boy and Big Sister Kitty to my most recent book, a collection of short poems illustrated with color woodcuts, "Common Household Rhymes for the Modern Child." Each book is entirely hand

made, printed with one wooden block and one color of ink on one piece of paper at a time. They're hard-bound. I made an edition of 100. I did the binding, too. There are rhymes about cats, mice, an orange fish, and a workbench cluttered with tools. There's a bike ride through the city at night, and the fact that adults get to

> stay up much later than children do.

In addition to the books and individual prints, I'll also show you how they're made, with examples of wood blocks, and a few stanzas of movable type, set for printing. I'll hang some things low enough for your kids to see. You should come out and say hello. I love to talk.

"Cats, Mice, and Movable Type" opens with a reception Friday, March 8, 7 to 9 p.m., in the Sullivan Family Gallery at BAYarts. Michael Gill will give a Gallery Talk on Wednesday, March 13, at 7 p.m. Children and parents are invited to a reading with milk and cookies on Saturday, March 23, at 1 p.m.





Woodcut illustrations from Michael Gill's most recent book, "Common Household Rhymes for the Modern Child." An exhibit of Gill's children's books will be on display at BAYarts March 8 to April 6.

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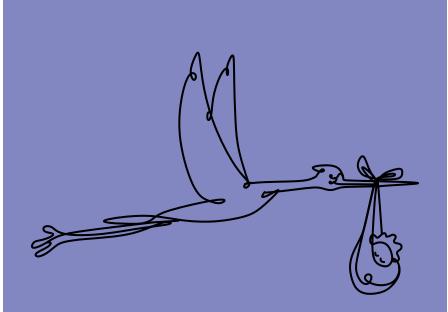


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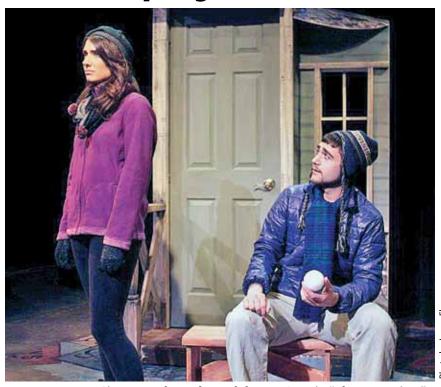
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## **Celebrate spring at 'Almost, Maine'**



Kate Mussey as Ginette and Matthew Klaben as Pete in "Almost, Maine."

#### by Pam Kilpatrick

lague Playhouse continues their 85th season with "Almost, Maine," a collection of nine vignettes written by John Cariani and directed by Rose A. Leininger.

On a cold, clear, moonless night in the middle of winter, all is not quite what it seems in the remote, mythical town of Almost, Maine. As the northern lights hover in the star-filled sky above, Almost's residents find themselves falling in and out of love in unexpected and often hilarious ways. Knees are bruised. Hearts are broken. But the bruises heal, and the hearts mend – almost – in this delightful midwinter night's dream. Please be advised the

play contains adult situations. Featured in our cast are Matthew Klaben, Don Knepper, Keith Kornajik, Lynna Metrisin and Kate Mussey.

"Almost, Maine" runs March 8-30 on Thursdays, Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m., and is sold-out on Sunday, March 17. Tickets are \$16 for adults and \$15 for seniors (60+) and students (special Saturday \$10 admission for students with valid ID) and may be purchased by calling the box office, 440-331-0403 Wednesday through Saturday from 1-6 p.m. Cash, check, Discover, MasterCard and Visa are accepted. Clague Playhouse is located at 1371 Clague Rd., south of Detroit Road. Free parking and handicapped accessible.

## 'Souper Bowl' for soup lovers scores again at fundraiser



Ten local chefs presented their soup creations to a sold out crowd Jan. 25 in Bay Village at the Dwyer Center's 5th Annual Soup Cook-off. The Center's fundraising event was won by chef Jim Smith and chef Brian Gonzales of Towne Center Community Campus in Avon Lake, pictured above with Debbie Bock, Bay's community services director.

Monica Besida, former stylist of Westlake salon is now working in Avon! She moved to Great Clips located in Avon French Creek Square. Love you all!

Roses are red, violets are blue.

Come get your haircut, I miss you!

36050 Detroit Road \* 440-934-7734



## WESTLAKE RECREATION CENTER

## Westlake Rec gearing up for **March Madness**

#### by Jim Dispirito

The Westlake Recreation Department will be hosting its annual 3-on-3 March Madness youth basketball tournament next month. This tournament is open to any thirdto eighth-grade boy or girl. This is a double elimination tournament and will feature separate divisions of boys and girls. Grade divisions will be 3/4, 5/6 and 7/8. Rosters will be limited to four players per team. Games will be played on quarter courts and officiated by certified referees. T-shirts will be awarded to the first-place team in each division. Teams can pick up registration packets, which include all rules, at the Westlake Recreation Center or they are also available online at www.wlrec.org.

Teams must register as a whole. No individuals. One payment per team must accompany the registration. Each team must have a parent representative.

Girls will be playing on Thursday, March 21, beginning at 5 p.m. Boys will be playing on Saturday, March 23, beginning at 10 a.m. Parent representatives will be notified by email of game

Deadline to register your team is March 16.

Cost: Rec. member teams (must have at least two members): \$60 per team; non-member/non-resident teams: \$70 per team.

Questions, please contact Patti Hageman at 440-808-5700, ext. 3428. ●



March Madness hoops tournament action.

## Faith-based free clinic honored

North Coast Health Ministry achieves recognition as a patient-centered medical home

### by Elizabeth O'Brien

orth Coast Health Ministry has achieved recognition as a National Committee for Quality Assurance Patient-Centered Medical Home 2011, level 3, becoming the first free clinic in Ohio to attain this distinction.

The NCQA Patient-Centered Medical Home 2011 standards emphasize the use of systematic, patient-centered, coordinated care that supports access, communication and patient involvement.

"The NCQA Patient-Centered Medical Home is a model of 21st century primary care that combines access, teamwork and technology to deliver quality care and improve health," said NCQA President Margaret E. O'Kane. "NCQA's PCMH 2011 Recognition shows that North Coast Health Ministry has the tools, systems and resources to provide their patients with the right care at the right time."

A substantial body of evidence demonstrates that medical homes improve clinical outcomes and reduce costs. Putting in place the standards required for PCMH recognition was one

of NCHM's highest strategic priorities of the past year.

"Achieving recognition as a patient centered medical home is an important validation of the steps we have taken to ensure comprehensive, continuous care for our low-income uninsured patients," said North Coast Health Ministry Executive Director Lee Elmore. "Most of our patients have chronic diseases, and the standards and procedures required for recognition as a patient-centered medical home ensure that the care we are providing for them results in the best outcomes and reduces unnecessary costs."

Earning the recognition as a patient centered medical home was a process that involved the entire NCHM clinical team and was supported by practice transformation coaches provided by Better Health Greater Cleveland.

"The patient centered medical home is a team-based model of care," said NCHM Medical Director Philip Tomsik, MD. "While we have always considered ourselves 'patient-centered,' this distinction validates that the care we are providing to some of the most vulnerable in our community is of the highest quality possible."

## **SPORTING VIEWS**

## 1968: 'Dark Days' for the Tribe

#### by Jeff Bing

ast issue, as I was rambling on about how I had missed the opportuni-Ities to witness some rare historymaking moments as an Indians fan, it also reminded me of how consistently bad the Cleveland franchise actually was. Whether under-capitalized, under-manned or under-managed - typically, a combination of all three - the Indians of the sixties, seventies, eighties, and the early nineties were consistently bad – with a few exceptions.

With spring training now officially underway, and optimism permeating the air (unless it's someone in the neighborhood and they're back to smoking that 'funny stuff' again), I thought it would be a perfect time to take a look back at a team which had been a major disappointment the previous year, and whose expectations were not particularly rosy for the following season. Sound familiar, Cleveland?

But first, let's set this up properly:

The previous season, 1967, began with a new manager, much fanfare and unbridled enthusiasm. Unfortunately the manager, Joe Adcock - who had no managerial experience – created a firestorm by deciding to platoon Rocky Colavito and Leon Wagner, the two best hitters and biggest fan favorites the Indians had at the time. Adcock also invented a 10-foot "high chair" which he mounted behind plate for inter-squad games, so he could better see the break on the pitches Tribe hurlers were throwing as the pitches approached the plate. Adcock must have been ahead of his time, because nothing he did worked, and the Indians lost 87 games that season, Manager Adcock's first – and last – as skipper.

It was 45 years ago this spring when the 1968 Cleveland Indians took the field in Chicago and waltzed to a 9-0 victory over the White Sox. That's not to say the victory

set the tone for the season, as they would then only go 5-11 the rest of the month to finish April with a very Tribe-like 6-11 record. But they flexed their muscles in May, going 20-9, and didn't have another losing month until August, when the Detroit Tigers - maybe you've heard of 'em - rode Denny McLain's 31-game-winning right arm to the World Series against Bob Gibson and the St. Louis Cardinals.

Little did anyone know that 1968 would be a breakout year for Tribe ace Luis Tiant, or that 1968 would become known in baseball as the "Year of the Pitcher." Tiant led the American League with a microscopic ERA of 1.60, including three consecutive shutouts. Sam McDowell went 15-14 with a second-best ERA of 1.81, and the team ERA was an incredible 2.66! Much of the credit went to new Tribe manager Alvin Dark, who'd had success with the San Francisco Giants in the early '60s, taking them to the World Series in 1962.

The 1968 Indians went 86-75-1 (yes, they played the Yankees to a 2-2 tie), and everyone in the city looked to 1969 as a year with great expectations.

However, this being Cleveland and all, Tiant hurt his arm early in the season, and never got his arm strength back. He lost 20 games in 1969, and then we traded him - of course - and then he pitched great baseball for another dozen years or so - of course - primarily with the Red Sox. Tiant's woes seemed to mirror those of the entire team. In 1969 the Indians lost 99 games (a legitimate shot at 100 losses was snatched from their grasp by an ill-timed rain-out) and it was "back to the drawing board" in Cleveland.

But to those of us who witnessed it for one fleeting year anyway – the "Dark Days" of 1968 were truly special.

Jeff welcomes all feedback and suggestions, pro or con, which may be sent to editor@ wbvobserver.com.

## Bay High grad named defensive coordinator at University at Albany

rew Christ, a Bay High School alumnus, has been named defensive coordinator at the University at Albany in New York, an NCAA Division I university in the FCS division.

Drew is a 1993 graduate of Bay High School where he participated in football, wrestling and track. He went on to play at the University of Chicago, where he was a three-time All-University Athletic Association defensive back and kicker.

He was voted special teams MVP for four consecutive years and received the overall most valuable player award as a senior.

After college he played semi-pro

football for the Granite State Warriors and arena football in Madison, Wis. He is the son of George and Betty Christ.

Drew, who earlier served as a graduate assistant to UAlbany head coach Bob Ford's coaching staff, will enter his eighth season in the football program. He previously was a defensive coordinator at the University of Rochester.

He also spent three years as a secondary coach at the University of Pennsylvania.

Lat fall, UAlbany won their sixth NEC title in the Northeast Conference since 1998. In 2013, UAlbany will participate in the Colonial Athletic Association, and play in a new stadium.



## COMMUNITY EVENTS

## Post your community group's events for FREE at wbvobserver.com

#### Feb. 20, 11 a.m. **Westlake Garden Club Meeting**

"The Benefits of Organic Gardening: Soils, Fertilizers and our Health" presented by Ron Zayac of Canterbury Creek Gardens. Learn what to grow and how to grow it for optimum health. Everyone welcome to join us for lunch and the program. For more information, call 440-892-

Westlake Porter Public Library, 27333 Center Ridge Rd.

#### Feb. 20, 11:30 a.m.-1 p.m. **How to Receive the Best Doctor Care**

Medical lecturer Tom Strong will demonstrate how to present your health concerns during a 10-minute office visit. Each participant will receive a copy of 10 ways to ensure you are obtaining optimum care and how to avoid mistakes and errors by the medical profession. There is no cost and all participants will be served a free lunch. Registration is required. Call 440-779-6900.

HCR ManorCare, 23225 Lorain Rd., North Olmsted

#### Feb. 20, 6:30-8:45 p.m. **Genealogy Roundtable Discussion and Help**

Members of the Cuyahoga West Chapter, OGS, will be reporting on their recent family history research progress and offering assistance to members, and the general public, who need help. Social time, with refreshments, is from 6:30-7 p.m. There is no charge to attend. Westlake Porter Public Library, 27333 Center Ridge Rd.

## Feb. 21, 2:30 p.m. **Understanding Palliative Medicine vs.**

People with life-limiting illnesses need specialized care. This presentation by Laura Depiero from the Cleveland Clinic will discuss the different options for care and how to best manage the symptoms associated with these illnesses. Call 440-892-9777 for reservations. Gardens at Westlake, 27569 Detroit Rd.

### Feb. 21, 6 p.m. **Artful Decades: The Cleveland Museum of**

See the story on page 7 of this issue. Bay Community House, 303 Cahoon Rd.

#### Feb. 22, 12:30-4:30 p.m. **Red Cross Blood Drive**

The Lutheran Home at Concord Reserve is hosting a Red Cross Blood Drive in the Village Square area of its campus. For an appointment to make your donation, please contact administrator Janet Harst, 440-871-0090, ext. 2601, or jharst@concordreserve.org.

Lutheran Home at Concord Reserve, 2116 Dover Center Rd., Westlake

#### Feb. 22, 5-9 p.m. **Connecting for Kids 1st Annual Fundraiser**

The cost for the evening is \$20 per person for unlimited appetizers, desserts, beer and wine. The evening will also feature a silent auction and raffle with such items as Disney One-Day Hopper passes, an autographed Cavs T-shirt, spa packages and gift certificates to area restaurants and attractions. All proceeds from the event will benefit Connecting for Kids, a non-profit organization which hosts speakers, programs and discussion groups for parents with questions or concerns about their child's development. To reserve your ticket, visit connectingforkids.org/tickets. For questions,

call 440-250-5563 or email sarahrintamaki@ connectingforkids.org.

#### Panini's Bar & Grill, 23800 Detroit Rd., Westlake

#### Feb. 22, 9-11 p.m. **Dance the Divine**

Come dance with yourself or with others as the crystal singing bowls and a conscious recorded music journey illuminate an experience for you to journey into the bliss-try. Cost: \$15; register at the door or email Iris Water to save your space at Iriswater@me.com.

Unity Spiritual Center, 23855 Detroit Rd., Westlake

#### Feb. 23, 9 a.m. **Snoball Run**

5K and 1 mile runs with proceeds benefiting Bay Rocket athletes and programs. Pre-registration cost is \$15 for students and \$20 for adults. Race-day cost is \$20 for students and \$25 for adults. Register online at hermescleveland.com through Feb. 22 or day of race beginning at

Bay High School, 29230 Wolf Rd.

#### Feb. 23, 5-6:30 p.m. **Free Community Meal**

A time and a place to come together for food, friendship, and good conversation! Serving from 5 p.m. to 6:30 p.m. Free to all, the church is accessible to the physically challenged, no

Clague Road United Church of Christ, 3650 Clague Rd., North Olmsted

#### Feb. 23, 7-11 p.m. **Strikes for Strays**

The first annual bowling fundraiser for Love-A-Stray non-profit, all-volunteer rescue. \$20 donation per person at the door includes bowling (2 games w/shoes; approx. 1.5hrs of bowling), prizes, trophies, pizza and snacks, one entry into karaoke contest with trophies & prizes, raffles. \$10 donation/person for karaoke contest & food only (no bowling). Discounts for preregistered/prepaid bowling teams of 6 people (\$90). Karaoke starts at 8 p.m. with contest starting at 9 p.m. Don't miss the fun and help us Strike Out Strays – every dog deserves a home! Contact Renee for discounts on prepaid bowling, raffle basket donations and additional event details at reneenowaklas@aol.com.

## Bay Lanes, 27229 Wolf Rd., Bay Village

#### Feb. 24, 6 p.m. **Families Anonymous**

This free 12-step program meets every Sunday and is designed for family members of those who have drug, alcohol or behavioral problems. What you hear, who you see and what you say stays at the meeting. You will discover serenity and a better way to live, in spite of your loved one's unresolved problems. This meeting is for YOU. Help and hope is a meeting away! CrossPointe Community, 1800 Columbia Rd.,

#### Feb. 24, 3-4:30 p.m. Bay Citizen/Project of the Year Reception

Andrea Sheppa has been chosen Citizen of the Year and the Village Food Project has been chosen Project of the Year. A reception honoring Sheppa and the Village Food Project will be held Sunday, Feb. 24. Bay Presbyterian Church, 25415 Lake Rd.

Feb. 25, 11:30 a.m. **Orchids: Simply Beautiful**  One moment you're in the produce section getting broccoli and the next moment there's an orchid in your cart. Now what? Find out how to make these stunning flowers part of your life. Luncheon served at 11:30. \$5 fee for non-members of the Bay Village Garden Club. Bay Community House, 303 Cahoon Rd. Feb. 25, 1-3:15 p.m.

#### Look Good...Feel Better - For Those **Touched by Cancer**

Join presenters Stevi Gutin, RN and Marsha Grove as well as other women undergoing cancer treatment and learn wig and skin care techniques to help you cope with appearance related side effects. Advance registration is required, 216-595-9546.

The Gathering Place West, 800 Sharon Dr., Westlake

#### Feb. 26, 7:30-8:30 a.m. **Tuesday Morning Talkers**

Do you have a fear of public speaking? Want to think faster on your feet? Interested in honing your leadership skills? How about meeting new people that will challenge you to succeed in a supportive atmosphere? Join us on Tuesday mornings and gain the tools, resources and support you need from Toastmasters International. Bay United Methodist Church, 29931 Lake Rd.

#### Feb. 27, 5:30-6:30 p.m. **Free Community Meal**

Every community needs a time and place to come together. This is especially true during challenging days. What better way to do this than with warm food around tables in friendship, laughter and connectedness. Please join us for a free, hot meal. Doors open at 5:15 p.m. and dinner is served continuously from 5:30-6:30 p.m. Come for great food and good company! The church is handicap accessible through the rear parking lot door. Westlake United Methodist Church, 27650 Center Ridge Rd.

#### Feb. 27, 6:30-8:45 p.m. **North Coast Chapter of Embroiderers' Guild** of America monthly meeting

The group will be working on the chapter's philanthropy project, stuffing small bears and putting faces on them. The bears will be donated to the local hospitals to be distributed to pediatric patients. Please join us to meet fellow stitchers and to have fun. For additional information, please call 440-777-7085.

Westlake Porter Public Library, 27333 Center Ridge Rd.

#### Feb. 28, 7-8:45 p.m. **Custard, Coasters and Carousels: Remem**bering Euclid Beach Park

Who could forget Laughing Sal and Laughing Sam, the Rocket Ships, the Thriller and the beloved Carousel with its 56 horses and 2 chariots? For nearly 70 years, Euclid Beach Park was the scene for memories both fond and frightening. From the Fountain on the beach to the Penny Arcade, share your stories and be reminded of the wonder of the park. Guest speaker Nancy Powell from The Western Reserve Historical Society will share the excitement of Euclid Beach with us during the Westlake Historical Society's monthly meeting. Refreshments will be served. Westlake Porter Public Library, 27333 Center Ridge Rd.

Feb. 28, 7:15-8:30 p.m. **Open Crystal Singbowl Meditation** 

Come experience an internal vibratory massage of your cells in a crystal singing bowl sonic-love bath. A 13 crystal singing bowl full chakra set will illuminate a sonic-love-bliss-healing tapestry for a deep gentle-loving tissue dive into your heart. Cost: \$15; register at the door or email Iris Water to save your space at Iriswater@me.com. Unity Spiritual Center, 23855 Detroit Rd., Westlake

#### March 2, 11 a.m.-noon **Celebrating Dr. Seuss**

See the story on page 2 of this issue. Bay Village Branch Library, 502 Cahoon Rd.

#### March 3, Noon-4 p.m. Elite K911 Dog Fair and Adoption Event

Join us in our goal is to raise awareness and raise money for rescue - most notably: Fido's Companion which was instrumental in implementing of the mandatory spay & neuter program for dogs adopted out of Lorain County Kennel. Fido's also carries a great deal of the monthly cost burden of this program. Help support this rescue that makes a difference. Raffles and prizes, face painting, kissing booth, refreshments, training demos and lots of wonderful adoptable dogs! Also check out gourmet treats, doggie apparel, collars and jewelry from local businesses. Call 440-666-0749 for more

33549 Liberty Pkwy., North Ridgeville

#### March 4, 7:30-9 p.m. **Free Chamber Music Concert**

The Rocky River Chamber Music Society continues its 54th season with a fourth concert that features the Capitol Quartet, comprised of four saxophonists who teach at America's leading music schools and perform throughout the United States and Canada. Founded in 1991, the Capitol Quartet is known for its musical versatility and innovative style. There is no admission charge for this concert that features traditional, classical, jazz and crossover music. All are welcome! Call 440-333-4296 for more information. West Shore Unitarian Universalist Church, 20401 Hilliard Blvd., Rocky River

#### March 5, 7-8:15 p.m. **Therapeutic Yoga**

These classes are a mixed blend of therapeutic Hatha yoga with modifications offered for all levels. Yoga straps, blocks, chairs (if needed) and eye pillows will be provided. Please bring your own mat and a blanket. Expect to go at your own pace, honoring what your body, mind and spirit need of you in each moment. Cost is \$10. Unity Spiritual Center, 23855 Detroit Rd., Westlake

### March 5, 7:30 p.m. **League of Women Voters Regionalism**

See the story on page 1 of this issue. Dwyer Senior Center, 300 Bryson Lane, Bay Village

## March 6, 1-2:30 p.m.

#### Free Family History Research Help Session If you need help getting started or have come

to a "road block" in your journey of searching for your ancestors, this is an excellent opportunity to get assistance. Members of the Cuyahoga West Chapter of the Ohio Genealogical Society will be available to assist other members, and the general public, at the computer terminals in the computer lab. There is no charge for this service.

Westlake Porter Public Library, 27333 Center Ridge Rd.



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